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SEYFRIED ENJOYS FILMING STEAMY SCENES

{page 9}

WINNIPEG metro®
Thursday, September 15, 2011
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News worth sharing.

Special. Gift

MP Olivia Chow, left, hands a pair of eagle feathers to NDP interim Leader Nycole Turmel yesterday at a pre-session caucus in Quebec City.

JACQUES BOISSINOT/THE CANADIAN PRESS

Chow gifts Layton's feathers

Olivia Chow's late husband and former NDP leader Jack Layton used to keep the feathers on his desk.

Guilty plea in SJR assaults

A former student at the prestigious school admits to weapon attacks The Crown won't seek an adult sentence

JAMES TURNER
@METRONEWS.CA

A former student at a prestigious Winnipeg private school accused of sexually abusing fellow male students has pleaded guilty to lesser charges in a plea deal with Manitoba Justice officials.

The 18-year-old appeared in front of provincial court Judge Carena Roller yesterday morning and pleaded guilty to six counts of assault with a weapon at St. John's Ravenscourt School, commonly known in the city as SJR.

The weapon was described in court as a wooden walking stick about three feet long.

The man admitted to taking part in a "series of episodes" at the school beginning in fall 2009, where younger boys were held down and the stick was pressed against their "buttocks and anus area," lawyer Jay Funke said.

Multiple charges of sexual assault with a weapon, forcible confinement and uttering threats were dropped in exchange for the man's guilty pleas. He can't be identified because he was charged under the Youth Criminal Justice Act.

The man said little in court but acknowledged he was giving up his right to a trial by pleading guilty. He no longer lives in Manitoba.

In April 2010, child-abuse investigators arrested the man, who was 17 at the time, and three other students, one 18- and two 16-year-olds.

By the time the investigation was concluded, police had identified 11 alleged victims, all younger boys in lesser grades than the accused. The man in court yesterday admitted to assaulting six of them.

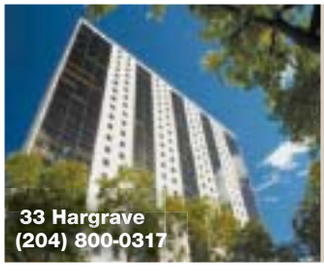
The co-accused have yet to deal with their charges, and Crown attorney Dan Angus told Roller talks are ongoing in those cases.

Sentencing will take place at a later date, and a report looking into the man's background and circumstances was ordered.

No discussion took place regarding what sentence the man may receive. His next court date is Nov. 10.

School background

- The school has a capacity of more than 800 students, and a boarding program is available for students in grades 8 to 12.
- Residing at SJR costs anywhere from $33,528 per year for Manitoba residents to $42,120 for international students.
- Founded in 1820, the school is located in the Wildwood neighbourhood of Winnipeg.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Robust public transit is one of the keys to integrating immigrants in Canada, a new paper argues. To learn more, visit metronews.ca

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Dippers promise more docs

NDP Leader Greg Selinger is promising 200 more doctors and 50 new physician assistants over the next four years if his government is re-elected Oct. 4.

The positions would cost just over $77 million a year.

Selinger also says the NDP would create 22 more medical residencies.

He says every Manitoban should have access to a family doctor.

Selinger is also again attacking Progressive Conservative health-care promises, even though they have some similarities with the NDP platform.

He says the Tories haven't committed the money needed to keep their promises, but the Conservatives accuse the NDP of misreading their platform. THE CANADIAN PRESS

Multi-vehicle crash hurts 2

An apparent drunk driver caused serious damage Tuesday morning after he allegedly collided with six other vehicles at a major intersection.

Police said they were called to Waverly Street and Bishop Grandin Boulevard at about 9:30 a.m. after a 58-year-old man, driving a Mazda 6 southbound on Waverly, crossed the median and all lanes of traffic smashing into six vehicles before coming to a stop.

Two people were taken to hospital with minor injuries. ELISHA DACEY

Under. Construction

▶ Manitoba Liberal Leader Dr. Jon Gerrard, left, and Fort Rouge candidate Paul Hesse announce a pledge for $44 million over four years to build a city-wide rapid-transit network at the site of construction for a section of Phase 1 of the city's current rapid-transit plan. No decisions have been made to extend the RT project from its current 3.7-kilometre section between Queen Elizabeth Way and the western end of Jubilee Avenue.

JAMES TURNER/METRO

Committed to city-wide rapid-transit network

Nixing tax-free council pay would cost taxpayers: Katz

'Why should (councillors and the mayor) have a different method of compensation than the other 9,000 employees of the city?': Councillor

JAMES TURNER
@METRONEWS.CA

Adopting a recommendation to end the current practice of offering municipal politicians a tax-free portion of their salaries will unfairly ding city taxpayers to the tune of hundreds of thousands of dollars a year, says Mayor Sam Katz.

Removing the one-third tax-free provision of the mayor and 16 city councillors' salaries would cost taxpayers about $350,000 more annually through increased gross pay and hiked pension contributions, Katz said yesterday.

A city council governance committee hired lawyer and mediator Michael Werier to conduct a third-party review of city council's compensation scheme. His full report and recommendations will be tabled tomorrow and up for discussion Monday.

The figure quoted by Katz includes an estimate of additional pension contributions the city would be on the hook for, should gross salaries be hiked so current net pay remains the same as it currently is with the tax break.

"All I can say is that if you became a councillor to get a pension, you'll support this," Katz said, later adding he feels the thorniest issue is how nothing was mentioned on the council compensation front during last October's civic election.

Werier's report also recommends offering councillors severance pay equaling three weeks' pay for each year of service up to a maximum of six months, according to Coun. Grant Nordman (St. Charles).

Elected officials do not currently contribute to nor qualify for employment insurance, he said.

Nordman chairs the governance committee that commissioned Werier's study. He admitted the overall response to the report from colleagues so far has been "lukewarm."

However, he said city hall should follow in the footsteps of the province, saying MLAs stopped receiving tax-free portions of their salary years ago.

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Teacher charged over alleged relationship with teen

A teacher in rural Manitoba has been arrested for allegedly having an affair with a 17-year-old student.

RCMP said a 39-year-old female teacher in Neepawa is no longer working for the school division after a complaint was made on Sept. 7 about her relationship with a 17-year-old boy. She was arrested two days later.

The complainant alleged the teacher and the teen were having an illicit relationship from June to August. She was charged with two counts of child exploitation.

The teacher will appear in Neepawa provincial court on Nov. 1.

RCMP said they are not releasing the teacher's name at this time to protect the identity of the teen.

ELISHA DACEY

Bogosian gets Jets contract

Zach Bogosian has received a new contract in time for the start of training camp with the Winnipeg Jets.

The 21-year-old defenceman signed a $5-million US, two-year deal with the team yesterday.

Bogosian was a restricted free agent who waited all summer to get a new contract.

He arrived in Winnipeg earlier this week to participate in informal workouts with his teammates and told reporters he was anxious to officially join the Jets. THE CANADIAN PRESS

Suspect in Swenty killing eluding RCMP

- Russell McDiarmid was last spotted in Saskatoon two weeks ago
- Police say he may be driving a stolen pickup truck

CONTRIBUTED/RCMP

▶ Russell McDiarmid

ELISHA DACEY
@METRONEWS.CA

The main suspect in a homicide that shocked a rural Manitoba community is eluding RCMP and police are asking for the public's help.

Russell McDiarmid is wanted in connection with the July death of Nancy Swenty, 33.

Swenty, a resident of Fisher Branch, was reported missing on July 28. Her vehicle was found in the Fraserwood area three days later.

About a month later, a group of volunteers combed an area southeast of Poplar Field and came upon a black Co-op jacket believed to be Swenty's along the roadway.

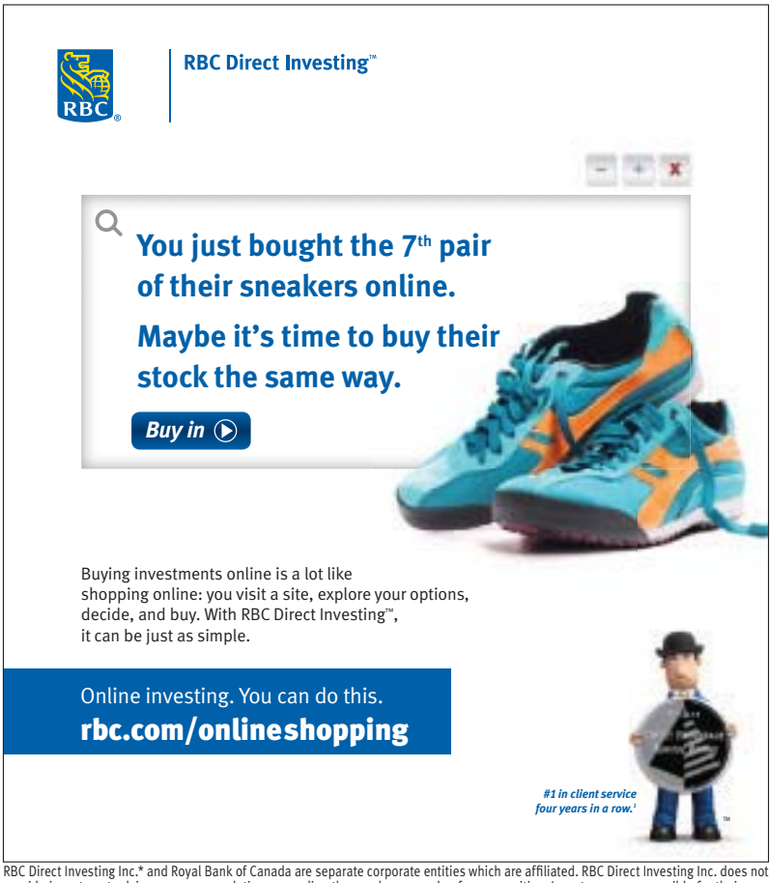
RCMP were called in and secured the area, where they later found human remains. They were eventually identified as those of Swenty.

Police issued a Canada-wide warrant for McDiarmid, and he was spotted in Saskatoon on Sept. 1.

McDiarmid is described as five foot 11 and about 170 pounds. He has brown eyes and is balding with brown hair.

He is considered armed and dangerous. If spotted, police are asking people to contact them immediately.

He is believed to be in Western Canada, and he may be driving a stolen 2006 Ford Ranger pickup truck.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Memorial idea dropped

Afghanistan war memorial put on hold while soldiers still on the ground No clear decision made

The Defence Department has shelved an elaborate proposal to revamp the National War Memorial to honour Canadians who fought in Afghanistan.

The plan involved etching the dates "2001-2011" into the granite sides of the Parliament Hill monument that was first erected to honour the sacrifices of troops during the First World War.

The $2.1-million plan, which included the addition of an eternal flame to the monument, was circulated at National Defence headquarters last October, say senior military sources.

The proposal also recommended a commemoration ceremony, preferably on Remembrance Day this year, that would have involved the families of 157 soldiers who died throughout the combat mission.

It also suggested that a stone-and-marble memorial, erected behind the Canadian headquarters in Kandahar, be brought to Ottawa and reassembled at the Beechwood Cemetery, where many casualties of the Afghan campaign are buried.

The proposal was made to the chief of defence staff, as well as senior civilian leaders, but was quietly dropped without explanation. THE CANADIAN PRESS

Blast. Off

This artist concept shows the launch of NASA's new rocket design, called the Space Launch System.

CONTRIBUTED/NASA

NASA unveils new rocket

NASA plans to launch its first unmanned test flight in 2017 with the first crew flying in 2021 and astronauts heading to an asteroid in 2025. From there, it hopes to send the rocket and astronauts to Mars.

Testing ordered for alleged abductor

Accused child abductor Randall Hopley is "sad and sorry" and was possibly under a suicide watch a day after his dramatic takedown and arrest, his lawyer says.

Hopley, 46, made his first court appearance yesterday in Cranbrook, B.C., 70 kilometres southwest of the town of Sparwood, which was gripped with fear after Kienan Hebert, 3, was taken from his home.

In an unprecedented turn of events, Hebert was returned home on the weekend and Hopley was hunted down Monday by a police dog.

"Mr. Hopley is very sad and sorry for being in the situation that he's in," said Hopley's lawyer, William Thorne. "He's also glad to see that the young boy got returned home safely."

Hopley was named by police as a suspect in an Amber Alert that was issued throughout B.C. and eventually into Alberta, meaning his name and face were plastered everywhere.

At court, Hopley was ordered to undergo a psychiatric evaluation and return to court Nov. 9.

Hopley is charged with kidnapping, abduction of a child under 14, and break-and-enter. He's also been charged with two counts of breach of probation.

THE CANADIAN PRESS

Hopley's history

- Hopley was to have been in court on Sept. 19 for a preliminary hearing on 12 unrelated charges dating back to 2010.
- In 2008, he pleaded guilty to break-and-enter and was sentenced to 18 months in jail.
- In the 1980s, he was convicted of sexual assault and sentenced to two years in federal prison.

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KEY ENGINEER

Hafle the name to blame?

In the report's 57 findings about the disaster, only one person — BP engineer Mark Hafle — is mentioned by name.

It says Hafle's failure to investigate or resolve anomalies detected during a critical test possibly contributed to the crew's failure to detect the initial influx of gas and oil.

Hafle also chose not to run a cement log, a test that evaluates the quality of the cement job, in violation of BP procedures, the report finds.

Hafle refused to testify before the federal panel.

THE ASSOCIATED PRESS

BP takes it on the chin

No-holds-barred U.S. federal report castigates oil giant for spill catastrophe in the Gulf

A landmark U.S. federal report has lambasted oil giant British Petroleum for the worst offshore oil spill in U.S. history.

It puts ultimate responsibility on BP for the deaths of 11 oil-rig workers.

And it says in the days leading up to the April 20, 2010, disaster, BP made decisions that complicated cementing operations, added risk and may have contributed to the failure of the cement job.

The report, released yesterday, says BP — and in some cases its contractors — violated seven federal regulations.

They included the failure to take necessary precautions to keep the well under control at all times, to perform a cement job that kept the oil and gas down hole, and to maintain the blowout preventer — which is supposed to lock in place to prevent a spill in case of an explosion — in accordance with industry-accepted practice.

JOHN MOORE/GETTY IMAGES

▶ A year after the giant oil spill, a Louisiana official digs up oiled soil in a coastal marsh. BP claims most of the oil that coated beaches and marshes has been removed. But Louisiana Wildlife and Fisheries says the cleaning has been superficial and the oil has killed marshes and damaged the ecosystem.

While the report recognizes other companies had roles in the disaster, the panel says BP was the final decision maker.

"BP, as the designated operator … was ultimately responsible for conducting operations … in a way that ensured the safety and protection of personnel, equipment, natural resources and the environment," the panel says.

The report will be used to shape reforms to offshore drilling safety.

It also will be used by lawyers for victims involved in the multibillion-dollar court battle over the spill.

Government agencies will also use it as they consider launching some civil and criminal charges.

THE ASSOCIATED PRESS

Historic disaster

- The oil spill off Louisiana spewed 757-million litres of crude from an undersea well owned by BP.
- The disaster caused billions of dollars in damage to hundreds of kilometres of coastline and wreaked havoc on the Gulf economy.

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Ottawa balks at Buy American provision in bill

U.S. jobs stimulus package includes exemptions to protectionist measures

Ottawa is vowing to fight the latest attempt in the United States to place a Buy American restriction on a new multibillion-dollar government job-creation package.

Trade Minister Ed Fast issued a statement yesterday complaining about the new U.S. measures, which would discriminate against Canadian suppliers bidding on public construction projects in the United States.

"Our government is committed to delivering free-trade leadership and Canadians can count on our government to defend free and open trade on the world stage," Fast said in the release.

The U.S. Congress passed an earlier stimulus bill in 2009, which also sought to direct work to American companies at the expense of foreign suppliers, but Ottawa eventually obtained a Canadian exemption.

THE CANADIAN PRESS

Losing out

- The Canadian Manufacturers and Exporters group said companies north of the border have lost out on billions of dollars in work on infrastructure projects in the U.S.
- Suppliers of everything from steel and sewers to metals, pipe and construction materials were affected.

App. Controversy

▶ The iPhone app A Jew or Not a Jew is displayed yesterday in Paris.

THE ASSOCIATED PRESS

Apple gets bad rap over app

A French anti-racism organization has threatened to sue Apple France over an iPhone application that identifies public figures who are Jewish. The app violates France's strict rules against listing personal details such as religious affiliation, race or sexuality.

Canadians OK with debt levels, survey says

Canadians are confident that they have a good handle on their personal debt and believe they're in better financial shape than most, a new survey suggested yesterday.

The poll, conducted by Ipsos Reid and released by the Royal Bank of Canada, suggested nearly 70 per cent of Canadians have achieved non-mortgage debt levels that they are comfortable managing.

More than a fifth of survey respondents, or 22 per cent, reported being entirely clear of non-mortgage debt, while a further 45 per cent were not concerned about their current debt levels, the poll said.

Three-quarters of those surveyed said they believed they were in better financial shape than their friends and neighbours.

Young Canadians were particularly anxious about getting out of debt, the survey found, saying 39 per cent of those between 18 and 34 reported feeling anxious about the money they owe. THE CANADIAN PRESS

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
+ 87.9 (12,293.38)	- 0.55¢ (100.93¢ US)	- $1.30 ($88.91 US)	$4.039 (+ 5.9¢)

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HE SAYS ...

JOHN MAZEROLLE
METRO

I'm relinquishing my bachelorhood status — time to hand in my Green (Mould) Card and move on to the next stage of life, whatever that is. Struggling artiste, perhaps. Or political ideologue.

Don't get me wrong. I like the bachelor life — the hours are good and the benefits (e.g., reading entire Calvin and Hobbes collections on the toilet) help offset the crushing loneliness. The problem is that I don't know how much longer I can deal with the diet.

Since my divorce, the food I've consumed in my apartment (daily takeout not included) has consisted of the following: Pre-sliced bread, pre-made meat pies, instant oatmeal, pre-made waffles, beans, cereal, tuna, sardines, and one failed attempt at mac and cheese, which was more like elbow macaroni in orange water.

"If I enter, the bacteria procreating on the dirty dishes all stop multiplying for a moment and look up to size up the stranger. When they determine that I am male with a takeout danish in my hand, they rate the hot-water-and-soap threat as 'low' and go back to munching down on my beans from June 6."

I fall into ruts often. I'll decide that one food is going down pretty well — why mess with what's working? — and suddenly it's Tuna Can Tuesday, or Mini-Wheats Wednesday. And don't even get me started on what I've been drinking. (Bachelorhood tip: A glass of maraschino cherry juice is a refreshing nightcap.)

Why don't I just cook something? It's a valid question, and I have a valid answer: I can't. I step into the kitchen so rarely that I consider it uncharted territory. If I enter, the bacteria procreating on the dirty dishes all stop multiplying for a moment and look up to size up the stranger. When they determine that I am male with a takeout danish in my hand, they rate the hot-water-and-soap threat as "low" and go back to munching down on my beans from June 6.

And people ask me how I keep thin. I might have starved to death years ago if I hadn't learned the important method of dropping in on friends at about 5:30 p.m. "Hi guys! I was just in the neighbourhood and — hey, something smells good. You know, I haven't had a good home-cooked meal since, well, since the last time I was here. What? Me? Eat here? Tonight? Oh, I couldn't possibly. But I will. Look: I brought my own plate!"

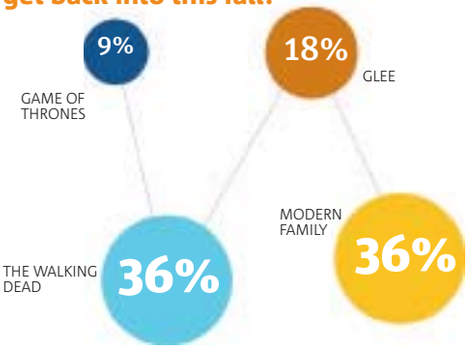
Unfortunately, this is only a stopgap solution, and my friends don't seem to be home at 5:30 anymore. I need a long-term fix, which is why I'm prepared to move beyond bachelorhood and into the next stage of life, where there's warm food and clean cutlery and, sometimes, I think, napkins.

To celebrate, I'd ask you all to raise a glass with me. Maraschino cherries are in the baking aisle.

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metropolitanpanel.ca and take the quick poll

What TV series are you most excited to get back into this fall?



Local tweets

- **@homosoup:** I just cut my son's hair by myself and now I have to convince him that patchy hair is "in". In my defense, the restraints failed to hold him
- **@BiggieFunke:** #didyouknow Winnipeg is the slushy capital of the world?" –And ten months of the year, it's cold enough to kill a penguin
- **@keribo1:** Ok I neeeeed to visit my family in Winnipeg - ketchup chips, rye bread, Tim Horton's, a Jets game, and homemade Polish pierogies.
- **@zenbecca:** Weather in #Winnipeg is currently partly warm with sunny clouds and an excellent chance of probable rain.
- **@cdnmusic:** Anyone up for a pint in Winnipeg on Friday? Royal Canoe at the U of M. There are pints! Or at least plastic cups of beer.
- **@Multicrete:** Last week we warned our Winnipeg followers about scalding hot concrete...now it's only 10 degrees outside! Classic Winnipeg weather! #fall
- **@SPGiesbrecht:** Pretty stoked that @ThatKevinSmith and @JayMewes are coming to Winnipeg on December 11th!

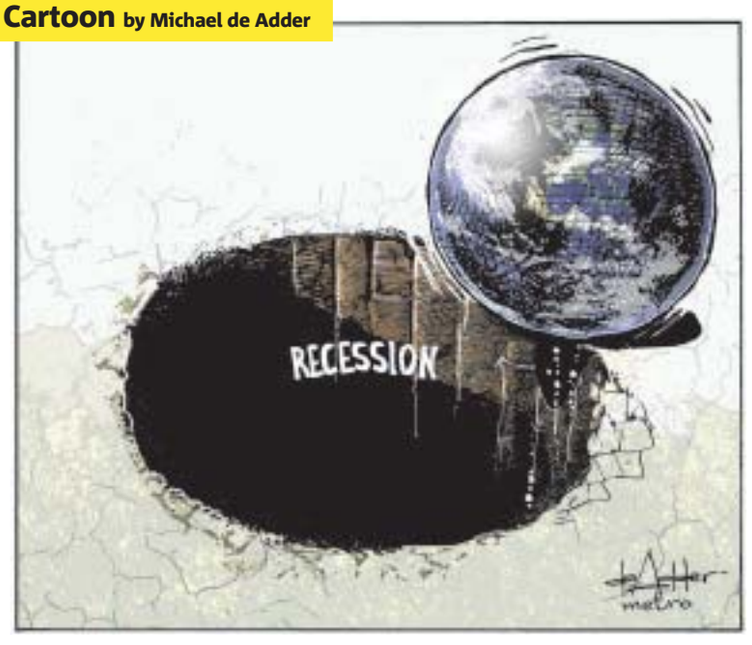
Letters

The most recent "Win a Wife" contest on a Canadian radio station should sound alarms. Volga Girl, the mail-order site sponsoring the contest, describes itself as "providing a wide range of services to those men who are interested in finding a compatible Russian wife."

Unfortunately, many vulnerable women from developing countries make themselves available as Internet brides because of poverty and dire economic circumstances. In reality, many don't have a choice and may end up trafficked into a world of sexual exploitation, or married to men who abuse them. Sadly, it is one of many radio contests that are a societal barometer on the commodification of women and girls. "The Breast Christmas Ever" offered women a chance at free breast augmentations. Another station had plans for a "thinnest body" contest. Can we believe these promotions help women and girls nurture their self-esteem? What kind of message does this send to young girls?

ELIZABETH LUCAS
SOROPTIMIST INTERNATIONAL OF THE AMERICAS, PHILADELPHIA

Cartoon by Michael de Adder



WEIRD NEWS

Gumby turns himself in

SAN DIEGO POLICE DEPARTMENT/THE ASSOCIATED PRESS

▶ Gumby tells a store clerk he is being robbed.

San Diego police say the man accused of trying to rob a convenience store last week dressed as a famous claymation character turned himself in Tuesday, with an alleged accomplice.

Det. Gary Hassen tells the San Diego Union-Tribune that Jacob Kiss and Jason Giramma voluntarily went to police headquarters. He says Kiss brought the Gumby suit and turned it in as well.

Police say a man dressed in a Gumby costume and an accomplice went into a 7-Eleven in Rancho Penasquitos on Labour Day and told the clerk it was a robbery.

The clerk thought it was a prank and dismissed him. Both then left the store.

Surveillance video shows the clumsy would-be robber struggling to keep the green suit on as he walked out the door. **THE ASSOCIATED PRESS**

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2 scene

Scene in brief

Charlie Sheen recently told NBC's Matt Lauer that he didn't really know what happened this spring when he was fired from Two and a Half Men and began a manic round of media appearances talking about his "tiger blood" and "winning."

THE ASSOCIATED PRESS

Keira Knightley hates the fact that the release of A Dangerous Method will probably lead to a flurry of Google searches for "Keira Knightley nude" and "Keira Knightley spanked."

Gotta be good to be lucky

Winnipeg's Romi Mayes releasing her album Lucky Tonight on Friday at Park Theatre Café

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG

Winnipeg roots rocker Romi Mayes recorded her latest album Lucky Tonight live in one take at the West End Cultural Centre in January.

The badass blues chick chose such a gutsy setting to debut previously unreleased material because of her onstage chemistry with guitarist and longtime friend Jay Nowicki.

"Jay (also of Winnipeg blues rockers The Perpetrators) and I did a leg of touring as a duo and we realized it was just this awesome thing," says Mayes, 36.

"The mojo we have together was really rocking the room and we could tell people were feeding off it, so I thought that if we pulled ourselves into a studio we might lose some of what's awesome about the electric duo."

Not just a plug-in-and-play scenario, it took Mayes and Nowicki months of preparation to get the songs to the near-perfect state heard on Lucky Tonight.

In that time Mayes admits there were seconds of second-guessing.

"There were moments where I thought 'Why am I putting myself through this?' But I was really into the challenge," she said.

"I got lucky to record my two previous albums with Gurf Morlix (American musician and producer), so I already knew I could record a great studio album. Once you have the best producer ever, you have to do something different to challenge yourself."

Romi's risk did result in reward.

HANDOUT

▶ Romi Mayes

Where's the noise?

- After a six month break Subcity is back with two shows of reggae, soul, ska and rock 'n' roll.
- The Winnipeg eight-piece plays the Times Change(d) tonight and The Cavern tomorrow. Tickets are $10 and $5, respectively. Showtime for both shows is 10:30 pm.

Lucky Tonight, which was released in April, is nominated for two 2011 Western Canadian Music Awards in the Roots Solo Recording of the Year and Songwriter of the Year categories.

"I've already won those two awards for my last two albums, but those were well-produced by Gurf Morlix," says Mayes.

"I credit a lot of the success of those albums to the musicianship and the production, so to know that we can do a live album and still be acknowledged is pretty exciting."

The official Winnipeg CD/vinyl release of Lucky Tonight goes down Friday at the Park Theatre Café.

In addition to music from Mayes and Nowicki, there will be a screening of Steven K. Johnson's Lucky Tonight documentary after the Show.

Tickets are $15 at ticketbreak.com, Into the Music, Music Trader and The Park Theatre or $20 at the door. Showtime is 8 p.m.

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Amanda Seyfried loves sex scenes

ALL PHOTOS GETTY IMAGES

▶ Amanda Seyfried

Amanda Seyfried isn't the type of actress to complain about onscreen intimacy.

"Sex scenes are great. A lot of my co-stars have been sexy guys my age, and so, why not? I'm not going to pretend it's not fun," she tells W magazine.

Her latest co-star to fit that bill — in the sci-fi thriller In Time — is Justin Timberlake.

"Justin was great," she says.

"He had come from Friends with Benefits, where he basically had sex every day at work, and so it was easy for both of us."

METRO

Smith, Anthony buds at Dolphins game

▶ Will Smith

Will Smith joined Marc Anthony at a Miami Dolphins game recently, sharing smiles and posing for photos, which suggests Smith isn't taking the rumours about Anthony having an affair with Jada Pinkett-Smith very seriously, according to Hollyscoop.

Anthony, who is a part-owner of the Dolphins with soon-to-be ex-wife Jennifer Lopez, was celebrating his birthday at the game. "They seemed to be getting along very well," a source says of Anthony and Smith.

METRO

Celebrity tweets

@AlbertBrooks

"Great time in Toronto. Great people. If you can make it here you can make it....well, in most parts of Canada."

@GarryShandling

"If somebody dies on twitter do we just stare at a blank screen for a minute in memory?"

@kristenschaaled

"I diagnosed my loneliness as premature empty nest syndrome.

@joan_rivers

"A 42-year-old woman is being prosecuted for calling her ex 65,000 times in one year. Who knew Jennifer Aniston could dial that fast?"

Duff puts mansion on the market

Hillary Duff is looking to unload her Toluca Lake home once again, according to AOL Real Estate.

The pregnant singer first listed the 9,000-square-foot Spanish-style home in 2010 for $7 million but was unable to find a buyer.

The home has been relisted at $6.25 million.

METRO

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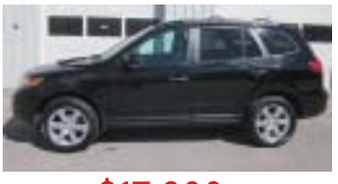
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3.6L V-6, leather, fully loaded,
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2007 Pontiac Montana SV6
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Runway report

Lykke Li

What's playing on the catwalks:

Alice + Olivia - Why Even Try, by Theophilus London
Tracy Reese - I'll Follow Rivers, by Lykke Li
Rodarte - Fade Into You, by Mazzy Star
METRO

Alexa Chung: An English rose, with some thorns

Check out some of the highs and lows from this season's shows as another New York Fashion Week comes to a 'clothes'

New York runway roundup

KENYA HUNT
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

GETTY IMAGES

MARC JACOBS

It's well known that Jacobs has had a lot on his plate lately. What with his rumoured negotiations with the house of Christian Dior and all. Maybe that explains the simpler than usual approach to his spring collection, which featured preppy sportswear classics in navy and Kelly green with lots of neon mixed in. It was all kind of club kid leaves the raves to go to college. The brights were the stars of the show.

GETTY IMAGES

BETSEY JOHNSON

Betsey Johnson took her finale bow to Three Six Mafia's Azz and Tittiez. How badass is that? The only problem is, she seemed to take those lyrics too literally with the clothes, which were a little bit Malibu Barbie, a little bit Nicki Minaj and a little bit Kinky Boots. It was campy and fun but the clothes, such as a corseted, mini dress with a tiny teacup skirt started to veer into costume territory.

GETTY IMAGES

DIANE VON FURSTENBERG

In the sea of prints that New York Fashion Week has become, Diane von Furstenberg's unsurprisingly stood out. They came in soft pastels with pops of yellow and orange (another recurring theme this week) and sometimes layered in a single look. The best moments were the unexpected, tomboyish ones such as a pair of checked shorts in lime and maroon paired with a neon green button down shirt.

GETTY IMAGES

JASON WU

Sporty and street are not exactly words that come to mind when you think of Michelle Obama's go-to designer and yet he was able to own both ideas by interpreting them in his own polished Wu-ian way. The beauty is that he experimented with the sporty trend, which we're seeing just about everywhere this week, in a way that didn't read too literal (because not everyone wants to look like she just walked out of the gym).

GETTY IMAGES

BCBG MAXAZRIA

Bold, saturated brights emerged as an early trend for spring 2012 and Max and Lubov Azria's collection was full of them in the form of sporty, colour-blocked dresses. Each one was long (below the knee to ankle length), easy to wear and fluid — all the better to graze the body in that trademark Azria way when the wind blows. Later in the show, the colour blocking gave way to bright ethnic prints and crafty knits.

Buying a big screen television

With fall premieres/hockey season starting, now's a great time to upgrade your home entertainment system

DIY IDEAS

Choosing a new TV for your home can be a time intensive job, what with looking up the latest models and specifications, comparing different sets, and of course, price-checking.

With more people watching HD sporting events and movies from the comfort of their couches, home entertainment systems are gaining in popularity.

Here are some expert tips to consider when purchasing a big screen TV for your home that will help make the buying process smoother, and viewing more enjoyable in the long-term.

Go big or go home

When purchasing a new TV you don't want to regret choosing a screen that's too small.

A TV that looks huge in the store may not live up to that first impression when you get it home.

Consider your needs in the future — if you love watching the Olympics, remember that 2012 isn't that far away, so go big now and enjoy for years to come.

TVs keep growing

Keep in mind that things have changed since you bought your old TV set, or even your last flat screen.

Yesterday's 27 inch tube model is today's 40 inch flat screen and it takes up less room, leaving you with more living space.

A 70 inch set offers twice the viewing area of a 46 inch TV, which makes a huge difference when you want that immersive viewing experience at home.

Do some math

With recent advancements in HDTV, you can buy big for a smaller room to enjoy a cinematic experience without feeling overwhelmed.

The improved picture quality of HDTV means you can sit closer to the TV than ever before while still enjoying a beautiful picture.

Today with HDTV, many experts recommend you divide the distance between your seat and TV by 1.5, with your screen size measured diagonally.

ISTOCK

▶ Welcome to the big screen leagues.

Consider colour

Most TVs only have three-colour RGB (Red, Green and Blue) technology, while some TV sets add yellow to the spectrum for the brightest picture with more colour.

Shop with a buddy

When in doubt, ask for help.

Visit the friend with a home theatre in their basement, research online and visit reputable stores for help from knowledgeable staff.

Now that you know what to consider when choosing your new big screen, the only thing left to do is choose what to watch first.

NEWS CANADA

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RBC Royal Bank is pleased to host a free informational seminar on purchasing property in the U.S.

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▶ With the right equipment, you can avoid the dry cleaners and wash your own duvet.

I have a down-filled comforter that clearly states, "dry clean only." Is there any way I can avoid the dry cleaners and do it myself?
Laundry Lady

Dear Laundry Lady,
The good news is that you can wash a down-filled duvet. However, follow these specific steps for success.

1. Only ever wash in a front-loading washing machine — never a top-loading machine, as the agitator in a top-loading machine will damage it.

2. Use a quarter the amount of soap, because soap is difficult to remove from this kind of garment. You can always wash a second time if needed.

3. When you put the duvet in the dryer you will need some tennis balls in a sock, which will bounce around to help break up the feather clumps within the duvet.

4. Do not use the auto dry feature on the dryer. Instead, use the timer and leave the duvet in for a long time, as the feathers take time to dry. You may think the duvet is dry to the touch but remember the feathers! I have left my duvet in the dryer for easily an hour.

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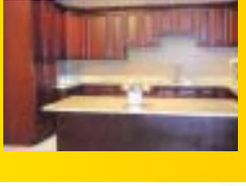

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Chicken with Black Bean Sauce proves to be simple to make **Mixing sweet and sour flavours is a distinctly Asian technique – try it in this Sweet-and-Sour Vegetable Pasta Salad**

NEWS CANADA

▶ Have dinner on the table in about 20 minutes with this dish.

Black bean sauce gives a pungent dimension to your stir-fry sauces.

Preparation:

1. Heat oil in wok. Add sliced chicken and stir fry over a high heat for 5 mins or until golden. Add garlic, ginger and mushrooms and stir fry for 3-4 mins.
2. Cut green onions in half lengthways then each into 4-cm lengths; cut bok choy in half lengthways. Add onions and bok choy to pan with wine and black bean sauce. Stir fry for 3 mins or until bok choy stems tender. Serve with rice or noodles. **NEWS CANADA/ MUSHROOMS.CA**

Ingredients:

- 2 tbsp vegetable oil
- 2 chicken breast fillets
- 2 cloves garlic, peeled and crushed
- 5 cm piece root ginger, peeled and grated
- 350 g portobello mushrooms, halved
- 4 green onions, trimmed
- 200 g baby bok choy
- 4 tbsp Chinese cooking wine
- 4 tbsp black bean sauce
- rice or noodles to serve

Weekly Cookbook

Noodles, soy sauce, and other ingredients in Asian cooking contain wheat, which means people with gluten allergies don't get to enjoy them. Laura B. Russell is changing that with her book The Gluten-Free Asian Kitchen (Random House, 2011).

It converts cuisines of China, Japan, Korea, Thailand and Vietnam into gluten-free favourites. Among the standout recipes are staples like: Crispy Spring Rolls, Korean Green Onion Pancakes, Kung Pao Chicken and more.

Sweet-and-Sour Vegetable Pasta

Preparation:

1. In a saucepan, heat oil over low heat; cook onion for 5 minutes or until translucent. Add vinegar and raisins; cook for 2 minutes. Add water and honey; simmer for 5 minutes. Season with salt and pepper. Let cool.
2. In a bowl, toss together pasta, cauliflower and dressing. Add broccoli, cherry tomatoes, walnuts, capers and parsley; toss to combine. Serve at room temperature. **THE CANADIAN PRESS/ FOODLAND ONTARIO**

Ingredients:

- 75 ml (1/3 cup) olive oil
- Half large red onion, coarsely chopped
- 75 ml (1/3 cup) white or red wine vinegar
- 50 ml (1/4 cup) raisins
- 45 ml (3 tbsp) water
- 30 ml (2 tbsp) liquid honey
- Salt and pepper, to taste
- 250 g (8 oz) penne, cooked
- 500 ml (2 cups) each cauliflower and broccoli florets, blanched, refreshed under cold water and drained
- 18 cherry tomatoes, halved
- 125 ml (1/2 cup) chopped walnuts
- 30 ml (2 tbsp) capers
- 30 ml (2 tbsp) finely chopped parsley

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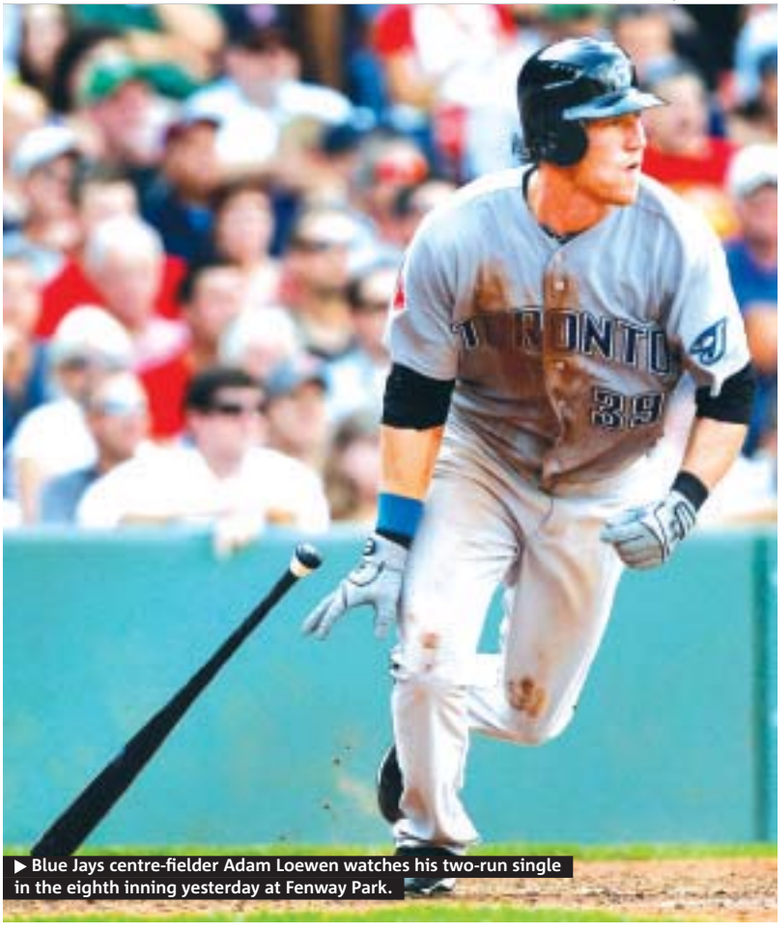
"I believe in my skills. I believe in my talent. This fight will not go the distance."

FLOYD MAYWEATHER YESTERDAY. THE BOXING STAR WILL PUT HIS 41-0 RECORD ON THE LINE AGAINST VICTOR ORTIZ IN LAS VEGAS ON SATURDAY NIGHT.

Scan code for more sports news.

Breakthrough in Beantown

CHARLES KRUPA/THE ASSOCIATED PRESS



▶ Blue Jays centre-fielder Adam Loewen watches his two-run single in the eighth inning yesterday at Fenway Park.

B.C. batter helps Jays to third win in nine tries at Fenway this season

5	4
BLUE JAYS	RED SOX

Canadian Adam Loewen did something as a hitter yesterday he never did as a pitcher — beat the Boston Red Sox.

"I'm very aware of that. They got me," he said after his two-run, eighth-inning single against Daniel Bard lifted the Blue Jays to a 5-4 victory.

The native of Surrey, B.C., came to the majors as a pitcher and started four games against the Red Sox for Baltimore, going 0-1 with a 6.63 earned-run average in 2006 and '07.

"I think the best chance I had was against (Josh) Beckett in our place," Loewen said. "I came out of the game (ahead) 2-1 in the sixth and they ended up winning it in the top of the ninth."

Loewen last pitched in 2008, when he retired from the position after two stress fractures in his elbow. He then worked his way up through the Jays system as a fielder, this year hitting .306 with 17 homers and 85 RBIs for triple-A Las Vegas.

"It's been crazy," he said. "I didn't think I'd be playing this much but I come ready to play every day, whether I'm in the lineup or not."

Loewen is 5 for 14 as a major leaguer. His hit yesterday made a winner out of Ricky Romero (15-10).

"Amazing. It's crazy," said Romero, who went eight innings in the win. "Just to make that transition ... you never really see that and he's done a tremendous job for us."

At 3-10 in September, the Red Sox hold a four-game lead over Tampa Bay in the wild-card race after the Rays' loss in Baltimore last night. Boston led the AL East to start the month and were nine games up on Rays.

After getting swept in three-games at Tampa Bay last weekend, the Red Sox host the Rays in a four-game series starting tonight.

Boston led 4-2 in the eighth before Toronto came back against Bard (2-8), who entered and walked Edwin Encarnacion and Kelly Johnson.

Mark Teahen bunted, and Bard's throw to first pulled Lars Anderson off the bag for a throwing error that loaded the bases.

J.P. Arencibia's RBI ground out cut the lead to 4-3, with third baseman Kevin Youkilis bobbling the ball and throwing to first. Loewen followed with a single to centre to cap the rally. THE ASSOCIATED PRESS

Aches and pains

▶ Brett Lawrie

The series in Boston took its toll on both the Blue Jays and Red Sox healthwise.

- Jays third baseman Brett Lawrie left yesterday's game with a bruised knee.
- Boston first baseman Adrian Gonzalez departed with left-calf tightness after his sixth-inning homer. He said it tightened up in his previous at-bat and bothered him on his home-run trot. He hopes to play tonight.
- Red Sox designated hitter David Ortiz missed his second-straight game with muscle spasms in his back.

Wait is almost over as NHLers prepare for camp

Almost three months to the day after the Boston Bruins hoisted the Stanley Cup at Rogers Arena in Vancouver, NHL players are heading back to work.

For virtually everyone who wasn't part of the Bruins or Canucks when Game 7 was played June 15, it's been a long wait.

The majority of players had five months off to rehab injuries and start working toward a new season. In some cases, it was a welcome break.

"The long off-season is good for everybody to get that rest and get the time away from the game we need," Chicago Blackhawks captain Jonathan Toews said recently. "I think we're all excited and eager to get going."

Teams around the NHL will put players through medical testing tomorrow before taking to the ice for the start of training camp on Saturday.

While Toews was obviously disappointed the Blackhawks failed to get past Vancouver in the first round, it offered him a chance to spend more time in the gym than usual. Chicago was coming off two quick summers after winning the Stanley Cup in 2010 and advancing to the Western Conference final in 2009.

As a result, Toews is a prime candidate for a breakthrough season. He expects to improve on the career-best 76 points he had a year ago.

"I'm definitely setting my sights on bigger things personally, not only teamwise," said Toews. "At any level I've ever played, I always wanted to be the best. I think that's what it's all about — in the end, you want to have as much of an influence and affect on your team as you can.

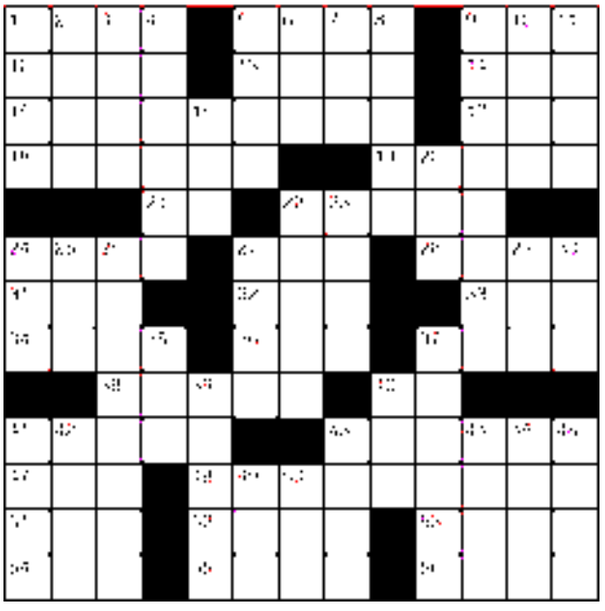
"I think the sky's the limit."

It's the kind of positive thinking that can be found in abundance before meaningful games have been played.

Toews comes by it honestly having spent some of the summer in his hometown of Winnipeg, where there is still a buzz about the return of the Jets after 15 years. The anticipation will only grow with players officially reporting tomorrow to begin work toward the regular-season opener against Montreal on Oct. 9.

The regular season starts Oct. 6. THE CANADIAN PRESS

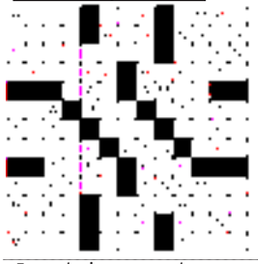
Crossword



Across
1 Weapons
5 Lovers' quarrel
9 Captain Kirk, to pals
12 Clay-rich soil
13 Unrestrained revelry
14 Actress Thurman
15 Prank victim, perhaps
17 Zero
18 Two trios
19 Occurrence
21 Mercury symbol
22 Chocolate substitute
24 Smelling a bit off
27 Rowing need
28 Hide in the bushes
31 McKinley's 1st lady
32 Old televangelism initials
33 Space
34 "Simon —"
36 Author Umberto
37 Venomous vipers
38 Bungle
40 Ess preceder
41 Not just plump
43 In the wrong direction
47 Supporting
48 Mad Tea Party attendee
51 Remote
52 Prune, pre-withering
53 Elec. co., e.g.
54 Pigpen
55 Referee's call
56 Authentic

Down
1 "Oh, woe"
2 Lasso
3 "You Bet Your Life" host
4 Workplace "under the spreading chestnut tree"
5 Cushy
6 Expert
7 Past
8 Tenth President
9 Some large beetles
10 "Here's my ante"
11 Brewery supply
16 Journey segment
20 Loudness (Abbr.)
22 Snag
23 Singer Guthrie
24 USO audience, often
25 Oklahoma city
26 Sheriff Andy Taylor's bailiwick
27 Oil cartel
29 Knock
30 Some duties for 24-Down
35 "Help!"
37 Camelot ruler
39 Dangle a carrot
40 Blonde shade
41 Kills, "Sopranos"-style
42 Gravy vessel
43 Pinnacle
44 Assessment
45 La Scala showstopper
46 Holler
49 Will Smith biopic
50 Pirates' potation

▶ Yesterday's answer



Sudoku

	3			6		4		9
			4		1		6	8
	9	2			5		4	
			8		6			
	6		2			9	7	
9	4		1		7			
8		7		3			5	1

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

9	2	5	8	3	6	4	7	1
4	8	1	5	7	9	2	6	3
3	6	7	2	4	1	8	9	5
6	4	3	7	8	5	1	2	9
2	7	8	1	9	3	5	4	6
1	5	9	6	2	4	7	3	8
5	9	2	4	6	8	3	1	7
7	1	6	3	5	2	9	8	4
8	3	4	9	1	7	6	5	2

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Me, Happy Birthday to ME, made it 3 monts, how strange my 3 month is tomorrow!! All the best **F**

Kissing Monster, Happy Birthday, my love!!! Wishing you much happiness! Love you! **HAPPY ELEPHANTA**

Pitter, Think about you everyday... but we stay away. I miss my best friend! **PATTER**

Love Bug
You are the best thing to ever happen to me and I wanna say thank you for sticking by me no matter what. I know sometimes we have our tough times and we get frustrated with each other, but that's life baby and that's love. At the end of the day we love each other no matter what and that's all that matters. I love you tons. Stay with me forever? xoxoxoxoxo **HONEY BEE**

A look at the weather

BT BREAKFAST TELEVISION

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

TODAY	FRIDAY	SATURDAY
Min 0° Max 15°	Min 11° Max 21°	Min 11° Max 21°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 There is no point criticizing someone because he or she has failed to live up to your expectations.

♉ Taurus April 21-May 21 You'll be feeling somewhat fragile today, so be kind to yourself. Rest up.

♊ Gemini May 22-June 21 This is no time for doubts. Throw caution to the wind and let your instincts guide you.

♋ Cancer June 22-July 22 Make sure you are not being misled by those who have an axe to grind or an agenda to fulfill.

♌ Leo July 23-Aug.23 Get out into the world and meet as many new people as you can.

♍ Virgo Aug. 24- Sept. 22 You'll be able to convince those whose financial help you may need that your cause is deserving.

♎ Libra Sept. 23-Oct. 23 Venus, your ruling planet, moves into your sign today, which is an incredibly good omen for both relationships and money matters.

♏ Scorpio Oct. 24-Nov. 22 You will learn about yourself over the next 24 hours. It'll come in handy.

♐ Sagittarius Nov. 23-Dec. 21 Friends will bring you luck today, and make life more enjoyable.

♑ Capricorn Dec. 22-Jan. 20 You must look for ways to enhance your status and give your reputation a boost. Believe in yourself.

♒ Aquarius Jan. 21-Feb. 18 Don't waste time telling others what it is you are going to do – just do it. More action, less talk.

♓ Pisces Feb. 19-March 20. If you compromise your principles once, you will be expected to do so again. **SALLY BROMPTON**

Caption contest

TAD MONTAYA/L.A. ZOO/THE ASSOCIATED PRESS

SETH WENIG/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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